

# Riding Gear Requirements Guide

The Rider Training Institute (RTI) maintains its commitment to safe, sensible and enjoyable motorcycling by enforcing strict policies regarding the use of appropriate safety gear through all its training programs.

□	<p><b>Helmet</b></p>	<p>Helmets come in various sizes and size can vary between manufacturers. Take the time to ensure a proper helmet fit – your safety and comfort is worth it.</p> <p><b>Recommended:</b> Full face helmet - DOT, CSA, BSI, Snell or ECE approved</p>  <p><b>Acceptable:</b> DOT approved helmet</p>  <p><b>Unacceptable:</b> Non-motorcycling, integrity compromised or ill-fitting helmets (we suggest replacing your helmet after 5 years)</p>  <p>Un-approved novelty helmet      Not for motorcycle use      Crash damaged</p>
□	<p><b>Jacket</b></p>	<p>A jacket keeps you protected from the elements and defends against abrasions.</p> <p><b>Recommended:</b> Heavy grain leather or textile jacket made for motorcycling <b>with armour</b></p> <p><b>Must keep all armour intact</b></p>  <p>Heavy grain leather</p> <p><b>Acceptable:</b> Heavy denim jacket</p>  <p><b>Unacceptable:</b> Windbreakers, athletic jackets or cropped jackets</p> 
□	<p><b>Pants</b></p>	<p>Pants keep you shielded from windburn, sunburn and exhaust burns.</p> <p><b>Recommended:</b> Heavy grain leather or textile pants made for motorcycling <b>with armour</b></p>  <p>Heavy grain leather</p> <p><b>Acceptable:</b> Heavy denim pants - Regular cut</p>  <p><b>Unacceptable:</b> Ripped jeans, track pants or low rise jeans</p> 
□	<p><b>Boots</b></p>	<p>Boots are a key aspect of motorcycle safety gear and enhance proper handling.</p> <p><b>Recommended:</b> Leather motorcycle boots with ankle protection</p>  <p><b>Acceptable:</b> Leather or textile hiking boots or work boots that cover the <b>ankle bone</b></p>  <p><b>Unacceptable:</b> High-top running shoes, boots held on with elastic side panels or boots too short to encircle the ankle above the bone</p> 
□	<p><b>Gloves</b></p>	<p>Gloves guard against the elements, absorb vibration and reduce injury to the hands.</p> <p><b>Recommended:</b> Leather motorcycle gloves with a high gauntlet and two layers of leather over the palm area</p>  <p><b>Acceptable:</b> Leather gloves that cover the <b>wrist bone</b></p>  <p><b>Unacceptable:</b> Cloth motocross gloves, fingerless gloves or gloves too short to encircle the wrist above the bone</p> 